

The Q Classroom

Activity A., p. 28

Answers will vary. Possible answers:

1. rice, soup, sandwiches, beans, etc.;
2. olives, honey, cheese, apricot pudding, etc.;
3. Yes, I think presentation affects how food tastes. I think that if food looks delicious, you expect it to taste delicious, so it does./ No, I don't think presentation is important. I think food served on a paper plate tastes the same as food served on fancy china.

Activity B, p. 28

Answers will vary. Possible answers:

1. Homemade food has less salt than prepared food and uses fresher ingredients.
2. I think that vegetables, foods low in fat, and foods without sugar help people to lose weight.

PREVIEW THE UNIT

Activity D., p. 30

Answers will vary.

Activity E., p. 30

Answers will vary.

READING 1

PREVIEW THE READING

Activity A., p. 31

to compare different kinds of tasters

to give advice about people's food choices

Activity B., p. 31

Answers will vary. Sample answer:

Cake is an important food in my culture. We eat it during special occasions. For example, people eat cake to celebrate birthdays.

Another time people in my culture have cake is during weddings. Cake helps to bring

families together. Without cake, people in my culture wouldn't know how to celebrate.

Activity C., p. 31

Answers will vary.

WORK WITH THE READING

Activity B., pp. 33–

1. recognize
2. is made up of
3. system
4. likely
5. typically
6. identify
7. balanced
8. at risk
9. sensitive

Vocabulary Skill Review, p. 33

Adjectives: (3) digestive, (4) likely, healthy, balanced, (7) different (9) sensitive

Nouns used like adjectives: (7) health, (9) room

Activity D., p. 34

1. b
2. d
3. b
4. a

Activity E., p. 35

1. sweet, sour, bitter, salty; Paragraph 2
2. 5,000 (or half the number that medium tasters have); Paragraph 3
3. a woman from Korea; Paragraph 3
4. bitter, fatty, sweet, spicy; Paragraph 4
5. Because their tastes may cause them to make unhealthy choices. Supertasters might avoid healthy vegetables. Nontasters might eat too much fat.; Paragraph 5

Activity F., p. 35

1. b
2. c
3. b
4. c
5. a

Activity G., p. 36

Answers may vary. Possible answers:

1. about 20,000 (twice as many as medium tasters, who typically have 10,000)
2. no, because it depends on how many taste buds you have
3. foods that don't have a lot of flavors
4. They might be at risk for diseases like heart disease and diabetes.

WRITE WHAT YOU THINK

Activity A., B., p. 36

Answers will vary. Sample answers:

1. I think I'm a nontaster because I eat everything. I like very spicy food. I also like very sweet and fatty foods. My favorite foods are desserts and fried foods. I also like strong coffee.
2. I really like strawberries because they are sweet. They taste good fresh and they're also good in pie or jam. When they are ripe, they taste like candy. I also like them because I now they are good for me. They are full of vitamin C.
3. People like foods they grew up eating or foods that remind them of happy times. Sometimes it's hard to like food that's different from the food you grew up eating. If a food looks strange or unusual, people might not like it. People often dislike foods that have made them sick. They might also dislike foods that they had to eat a lot when they

were young. For example, when I was young, my mother made me eat broccoli all the time. Now I don't like it.